

# Tempe parks & recreation

3500 S. Rural Rd. (480) 350-5200

Registration Online  
[www.tempe.gov/pkrec](http://www.tempe.gov/pkrec)



## TEEN EXTREME adventure PROGRAMS

### P.L.A.Y. Workshop:

This is a physically demanding workshop using adventure pursuits to target communication, risk taking, problem solving, trust and delegation of responsibility. It involves sweat & tired muscles, as well as some well placed thinking. By any other name this is Extreme Play! Lunch provided. 5-8 grades only. Fee: \$26

**PLAY-1D Fri 11/10 9am-3:30pm (Clark Recreation Center)**

### Climbers Camp for Teens:



Experience the excitement and rise to the challenges. Includes clinics in climbing, bouldering, rappelling, belaying and safety awareness. Grades 6-10 only. Fee: \$27

**OCTY-1D Fri. 9/22-10/13  
6:30-8:30 PM**

**OCTY-2D Fri. 10/20-11/10  
6:30-8:30 PM**

**Climbmax Climbing Center**

**Registration Begins:**  
**Resident: August 21**  
**Non-resident: August 28**

⇒ **P.L.A.Y. Workshop**

⇒ **Climbers Camp for  
Teens**

⇒ **Rowing for Teens**

### Rowing for Teens:

Are you looking for a full body workout in a team setting? This is the class for you. Learn the basics of sculling and sweep rowing while developing cardiovascular endurance and muscle strength. Safety, boat handling, proper rowing technique and fitness are stressed. To qualify you must be 14 years of age and successfully complete a float test before the first day of class. No class 11/24. Fee: \$38

**OROW-17D M/W/F 9/18-10/13 3:30-5:30 PM**

**OROW-18D M/W/F 10/16-11/8 3:30-5:30 PM**

**OROW-19D M/W/F 11/13-12/8 3:30-5:30 PM**

**Tempe Town Lake Boat Beach**

### Rowing Camp:

This workshop will focus on preparation for collegiate rowing. Emphasis will be on teamwork, technical skills, strength, endurance and racing strategy. Participants must have completed one session of Junior or advanced rowing. Grades 9-12. Fee:

**OROW-28D M/T/W 12/18, 19, & 20 3:30-5:30 PM**

**Tempe Town Lake Boat Beach**

